



Mental Health and Resilience through the Arts

# THE ART OF GOOD HEALTH AND WELLBEING

 @ArtsHealthAu

 ausartsandhealth

#artshealth16

8TH ANNUAL INTERNATIONAL ARTS AND HEALTH CONFERENCE  
16-18 NOVEMBER 2016 ART GALLERY OF NSW, SYDNEY



 **ACA**H AUSTRALIAN CENTRE FOR ARTS AND HEALTH

[www.artsandhealth.org.au](http://www.artsandhealth.org.au)

The Australian Centre for Arts and Health gratefully acknowledges the following Conference Partners: Art Gallery of NSW, NSW Department of Family and Community Services, NSW Ministerial Advisory Committee on Ageing, NSW Health, NSW Mental Health Commission, Regional Arts NSW, Arts Mid North Coast and the Baring Foundation, which has supported the attendance of Evan Dawson from Live Music Now and Kate Duncan from City Arts, Nottingham UK.



**Main image** *Breathing through anxiety as a child* (detail) from the series *Stories told by the next generation* (2015 - present) Sarah Rhodes

**Special thanks** to Heather Whitely Robertson, Head of Learning and Participation, AGNSW and Danielle Gullotta, Access Programs Producer, AGNSW.

**Please note:** This Conference Program is dated 3 November 2016. Changes may subsequently be made. Please refer to [www.artsandhealth.org.au](http://www.artsandhealth.org.au) for updates

# Wednesday 16 November 2016

## 8.30am – 4pm

Yiribana Foyer, Lower Level 3, AGNSW

## 9.30am – 12.15pm

Domain Theatre, Lower Level 3, AGNSW

The Domain Theatre will be open at 8.30am. Please be seated by 9.15am for the commencement of proceedings at 9.30am.

The Cafe is located on Lower Level 1 and conference delegates can have access to the Cafe from 9am (but no takeaway) on each Wed, Thurs and Fri morning.

## 12.30PM - 1.15PM

Function Space  
Ground Level

## CONFERENCE REGISTRATIONS

The Gallery doors will be opened for conference delegates from 8.30am for registrations. Please note: AGNSW officially opens to the public at 10am. Security will guide delegates to the Yiribana Foyer Lower Level 3.

**Photographs from Living Creativity: Arts and Health in the Ngaanyatjarra Lands, NT**

## PLENARY SESSION 1 - ARTS AND MENTAL HEALTH

Welcome and Acknowledgement to Country by **Margret Meagher**, Executive Director, Australian Centre for Arts and Health, **Gabriella Carroll**, Chair, 8th Annual International Arts and Health Conference and **Heather Whitely Robertson**, Head of Learning and Participation, Public Engagement, Art Gallery of New South Wales

### **The Mike White Memorial Address: Weapons of Mass Happiness**

**Clive Parkinson**, Director, Arts for Health, Manchester Metropolitan University, UK

A reframing of the arts and health agenda in terms of social justice and inequalities is fundamental to any notion of arts, health and wellbeing. An exploration that takes in the commodification of art and artists in the service of the state and challenges the arts and health community to diversify. This presentation seeks to galvanise the evolving arts and health community around its potential to influence long-term social change.

**Living Well: The NSW mental health reform agenda and why art is part of it - John Feneley**, Commissioner, NSW Mental Health Commission, Sydney

**Art's role in mental health recovery: a personal perspective - Fay Jackson**, Deputy Commissioner, NSW Mental Health Commission and Visual Artist, Sydney

### **Creativity as an Agent of Change: Clinical Practice and Research**

**Kay Wilhelm AM**, (MB BS, MD, FRANZP) Professor of Psychiatry, Notre Dame University, Darlinghurst; Director of Consultation-Liaison Psychiatry, St Vincent's Hospital, Sydney; Research Director of St Vincent's Urban Health and Wellbeing Research Centre; and Conjoint Professor of Psychiatry, UNSW. Kay has a long clinical and research association with the Black Dog Institute.

**Arts and Infrastructure - Sam Sangster**, Chief Executive, Health Infrastructure, NSW Health

**NSW Health and the Arts Framework - The Hon Jillian Skinner MP**, NSW Minister for Health, Parliament House, Sydney

### **The Art of Dying**

**Molly Carlile AM** (AKA the Deathtalker®), Chief Executive Officer, South East Palliative Care, Melbourne VIC

**Plus launch of Molly's latest book "The Death Talker"**, just published by New Holland Publishers and available at the AGNSW Bookshop on the Ground Floor. Molly will be happy to sign copies for delegates while at the conference on Wednesday and Thursday.

### **2016 Australian Centre for Arts and Health Awards for Excellence**

This year, several awards will be presented each day, throughout the conference. The Awards Trophy is a boxed, handcrafted pen, made from Australian timbers by Ian Dorney, who discovered his talent for pen-making while recovering from depression.

## LUNCH

## 1.30pm – 3pm

Centenary Auditorium  
Lower Level 1

## ARTS AND HEALTH IN PRIMARY AND ACUTE CARE

### Designing Arts and Health Programs for Hospitals

**Tracey Callinan**, professional musician and Executive Director, Arts OutWest, Regional Arts NSW

**Christine McMillan**, artist, educator and Arts and Health Coordinator at Arts OutWest (AOW) and Bathurst Health Service, NSW

**Victoria Jones**, Founding Director, Arts Health Associates, Melbourne, VIC

### Reflected Legacy: creative patient care in an acute palliative care ward

**Flutter Lyon**, Contemporary artist and co-founder (with Kerrie Noonan from The Groundswell Project), The Reflected Legacy program at Liverpool Hospital

### 'The building just doesn't allow more': User experiences of the built environment in inpatient rehabilitation settings

**Jacinta Colley**, PHD Candidate, School of Human Services and Social Work and Menzies Health Institute Queensland, Griffith University Logan Campus, Brisbane, QLD

## 1.30pm – 3pm

Function Space  
Ground Level

## ARTS AND HEALTH PROGRAMS AND RESEARCH

### Co Creating a Global Language for Measuring and Communicating the Impact of Participation in the Arts

**Michael Chappell**, Founder and Managing Director, Culture Counts, Perth, WA

### Incorporating the Arts into Quantitative Health Research

**Michael Leach**, Biostatistician and Epidemiologist, Loddon Mallee Integrated Cancer Service, Bendigo Health, VIC

### Creativity-as-practice: A re-conceptualisation of creativity for mental health services

**John Rae**, Senior Lecturer in the School of Biomedical Sciences, Charles Sturt University, Bathurst, NSW

### Arts for Recovery, Resilience, Teamwork and Skills (ARRTS)

**Ian Drayton**, General Manager, Faculty of Arts and Design, University of Canberra, ACT; **Jordan Williams**, Poet and Multimedia artist and Associate Professor, Creative Writing, University of Canberra, ACT

### Multi-Sensory Stimulation Therapy (MSST) for adult head trauma rehabilitation: A Systematic Review

**Heidi Zeeman**, Professor, Health Design research agenda, Griffith University, QLD

## 1.30pm – 3pm

Gallery Workshop

## CREATIVE AGEING WORKSHOP

**Susan Perlstein** and **Stuart Kandell** will guide participants through a series of practical ways to make creative connections in an artfully ageing way.

## 1.30pm – 3pm

Gallery Workshop

## CREATIVE DANCE WORKSHOP

**Dance Like You're 99,**

**Rachel O'Loughlin**, Physiotherapist and Dancer, NSW Health, Broulee, NSW

# Wednesday 16 November 2016

**3.15pm – 4.45pm**

Centenary Auditorium  
Lower Level

## CREATIVE AGEING

### **The Aural Environment in Age Care Homes - a Sound Investment**

**Gary Thorpe OAM**, General Manager, 4MBS Classic FM Radio Station and the new digital station MBS Light and Silver Memories

### **'Giving Voice = Creating Memory Books': Artful Methods in the Dementia Setting**

**Miranda Lawry**, photo-media artist and researcher, Senior Lecturer, School of Creative Arts, University of Newcastle, NSW; **Kath Grushka**, visual arts and design educator and researcher, Senior Lecturer, School of Education, University of Newcastle, NSW

### **Reach for the HeART: Art Workshop for the Elderly**

**Grace Cheng**, Director, Art in Hospital and Community Art Network, and Co-Chair, Program Committee, Disabled Association Hong Kong;  
**Mickey Choi**, Art in Hospital, Hong Kong

**Linking Aged Care residents to the Arts to improve Wellbeing and Quality of Life - Norah Goldney**, Registered Nurse, Southern Cross Care SA & NT

**3.15pm – 4.45pm**

Function Space  
Ground Level

## ARTS AND COMMUNITY HEALTH

### **Re-stitching community: how doll-making can translate wellbeing in Indigenous cultures from around the globe**

**Kym Rae**, Director of the Gomeri gaaynggal Arts Health and Research Programs, University of Newcastle NSW

### **Living Creativity: Arts and Health in the Ngaanyatjarra Lands**

**Alexandra Walton**, Co-ordinator, Personal Helpers and Mentors Service, Ngaanyatjarra Health Service, Warburton Community, via Alice Springs, Northern Territory; **Silvano Giordano**, Wilurarra Creative

### **Whāriki Hauora - Partnership between mental health services and the professional performing arts sector in New Zealand**

**Taimi Allan**, CEO, Changing Minds NZ

**Body Maps: A Heart-ful Inquiry - Cathryn Lloyd**, facilitator, creative development coach & educator, Founder/Director, Maverick Minds - Shift Your Thinking, Brisbane QLD

**3.15pm – 4.45pm**

Gallery Workshop

## ARTIST TRAINING IN HEALTH AND AGEDCARE WORKSHOP

### **Our Creativity and Resilience - What does arts health practice offer practitioners?**

Workshop, **Leigh Tesch** and **Jacqui Dawborn**, arts health practitioners and consultants and co-founders, Inscape Tas, Hobart TAS

**3.15pm – 4.45pm**

Gallery Workshop

## ART MAKING WORKSHOP

**Making Art with Gallery Artists**, led by **Danielle Gullotta**, Access Programs Producer, Learning and Participation, AGNSW

**5.00pm – 10.00pm**

in the Art Gallery NSW

**Enjoy the Gallery After Hours or catch up with friends at the pop up bar, café or restaurant in the Art Gallery of NSW**

## 8.30am – 4pm

Yiribana Foyer, Lower Level 3, AGNSW

## 9.30am – 11.30am

Domain Theatre, Lower Level 3, AGNSW

The Domain Theatre will be open at 8.30am. Please be seated by 9.15am for the commencement of proceedings at 9.30am.

The Cafe is located on Lower Level 1 and conference delegates can have access to the Cafe from 9am (but no takeaway) on each Wed, Thurs and Fri morning.

## CONFERENCE REGISTRATIONS

The Gallery doors will be opened for conference delegates from 8.30am for registrations. Please note: AGNSW officially opens to the public at 10am. Security will guide delegates to the Yiribana Foyer Lower Level 3.

### Photographs from Living Creativity: Arts and Health in the Ngaanyatjarra Lands

## PLENARY SESSION 2: THE ARTS AND COMMUNITY HEALTH

Welcome and Acknowledgement to Country by **Margret Meagher**, Executive Director, Australian Centre for Arts and Health & **Gabriella Carroll**, Chair, 8th Annual International Arts and Health Conference

**What happens when you make the invisible, visible? “Invisibility”** A short film by Milk Crate Theatre

### Music and Medicine in the UK - the work of Yehudi Menuhin and Live Music Now

**Evan Dawson**, Executive Director, Live Music Now, UK

### The Art of Radical Listening

**Liss Gabb**, artist, creative producer, curator and educator; co-ordinator, cohealth Arts Generator, Footscray VIC

### Pioneering Creative Ageing in Theatre

**Stuart Kandell**, Founder, Stagebridge Theatre USA, and Director, Artful Aging Associates

### Theatre in Mental Health: A Norwegian Perspective

**Wenche Torrisen**, Associate Professor of Drama, Volda University College, Norway

### The Harmonic Oscillator, an artist led International partnership between UK and Australia

**Vic McEwan**, Artistic Director, The Cad Factory, Riverina, NSW

Concluding remarks: **Margret Meagher**, Executive Director, Australian Centre for Arts and Health

### 2016 Australian Centre for Arts and Health Awards for Excellence

This year, several awards will be presented each day, throughout the conference. The Awards Trophy is a boxed, handcrafted pen, made from Australian timbers by Ian Dorney who discovered his talent for pen making while recovering from depression

## LIVE MUSIC NOW IS CELEBRATING THE CENTENARY OF THE BIRTH OF ITS FOUNDER YEHUDI MENUHIN THROUGHOUT 2016.

Part of his legacy to the world was his vision that music can “comfort, heal and bring delight” and reach people “through every barrier, disability, language and circumstance”. Please join us to take this message further, and bring the unique benefits of music to those unable to access it, all around the UK and beyond. Evan Dawson, Executive Director

**11.45am – 12.45pm**

Centenary Auditorium  
Lower Level 1

## ARTS AND HEALTH IN CHILDREN'S HOSPITALS

**Well coloured: A flourishing hospital arts program for adolescents**

**Elise Franke**, Arts Coordinator, Youth Arts Program, The Children's Hospital at Westmead, Department of Adolescent Medicine, Sydney NSW; **Michelle Mathyi**, Youth Arts Co-ordinator, Department of Adolescent Medicine, Children's Hospital at Westmead, NSW

**Positive Disruption – How Starlight's Arts in Health Program is impacting on the wellbeing of pediatric and adolescent patients and the broader hospital community**

**Bridget Waters**, Arts in Health Consultant, Starlight Children's Foundation, Como, WA

**Music Education in the hospital learning space** (A collaboration between the Australian Chamber Orchestra (ACO) and The Royal Children's Hospital (RCH) Education Institute in Melbourne)

**Victoria Norton**, Education Manager ACO, Sydney NSW; **Becky Hall**, Teacher - Education Support - Education Institute at The Royal Children's Hospital, Melbourne VIC

**11.45am – 12.45pm**

Function Space  
Ground Level

## ARTS HEALTH EDUCATION

**The Story of Us: Building Mental Health Nurse identity and Skills through the Visual Arts**

**Heather Gaunt**, Curator of Academic Programs (Research), Ian Potter Museum of Art, University of Melbourne, VIC

**Depth of Field: Exploring Ageing – Do photographs, older adults narratives and dialogue foster reflection in medical students?**

**Gabrielle Brand**, Lecturer in Health Professions Education, University of WA, Perth, WA

**Circles of Compassion (an artist's guide to the clinic)**

**Catharine Salmon**, Principal Academic Staff Member (PASM), Nelson Marlborough Institute of Technology, Nelson, Aotearoa New Zealand

**11.45am – 12.45pm**

Gallery Workshop

## ARTISTS AND MENTAL HEALTH

**Regional Institute of Performing Arts (Hunter TAFE)**

Actor, playwright, educator, **David Brown** presents an excerpt from **The Pronoun Project**: a short verbatim performance project specially developed with RIPA acting students and the 'As You Are' LGBTI support group from Headspace, Newcastle.

**Improvisation in the Here and Now and Spontaneous Play, Circus and Movement**

**Chris Mead**, Artistic Director, Creature Tales, TAS

**11.45am – 12.45pm**

Gallery Workshop

## ART MAKING WORKSHOP

**Making Art with Gallery Artists** led by **Danielle Gullotta**, Access Programs Producer, Learning and Participation, AGNSW

**1pm – 1.45pm**

Function Space  
Ground Level

## LUNCH

## 2pm – 3.15pm

Centenary Auditorium  
Lower Level 1

## 2pm – 3.15pm

Function Room  
Ground Level

## 2pm – 3.15pm

Gallery Workshop

## 2pm – 3.15pm

Gallery Workshop

### CREATIVE AGEING

#### Music and reminiscence as a therapy for wellbeing in aged care

**Lauren Istvandy**, Research Fellow, Griffith Centre for Social and Cultural Research, Griffith University, QLD

#### The impact of an arts program in an acute hospital unit for older people (Royal Hobart Hospital)

**Leigh Tesch** and **Jacqui Dawborn**, arts health practitioners and consultants and co-founders, Inscape Tas, Hobart TAS

#### Therapeutic Harp. A new approach in compassionate care

**Alison Ware**, Therapeutic Harpist, Canberra Hospital, ACT

#### Co-designing Positive Ageing

**Lyn Milne** Social Policy and Planning Advisor, Inner West Council, Sydney NSW; **Mary Ciantar**, Strategic Community Projects Office, Ageing, Inner West Council, Sydney NSW

### ARTS AND COMMUNITY HEALTH

#### Our Town, Our View: a collaborative art project

**Siobhan Hannigan**, Child Psychologist, Northcote, VIC

#### The Art of Change - A Creative, Recovery Skill Building Program,

**Gaby New**, Artist and Occupational Therapist, Dual Diagnosis Project Worker, Counselling Unit, Sunbury Community Health VIC

#### The Giant Knitted Bowel Project: Engaging rural and regional communities in bowel cancer prevention

**Elvira Hewson** Bowel Cancer Awareness Project Worker and **Margie Morrice**, Project Manager, Bowel Cancer Prevention, Community Health, South West Healthcare, Warrnambool, VIC

#### The Pink Sari Project

**Kevin Bathman**, Coalition of Mischief, Redfern NSW; **Michael Camit**, Social Marketing and Communications Manager, NSW Multicultural Health Communication Service, Gladesville, Sydney NSW

### ARTS AND HEALTH WORKSHOPS

#### Dreamer as Poet and Poetry - Using creative process to explore a dream

**Jane Austin**, Poet, experimental film maker, Academic Coordinator and Literacy, Language and Numeracy (LLN) Specialist, NAISDA Dance College, Kariiong, Central Coast, NSW

#### Ecoduction to Creative Wellbeing

**Cathryn Lloyd**, facilitator, creative development coach and educator, Founder/Director, Maverick Minds - Shift Your Thinking, Brisbane, QLD

### ARTS AND HEALTH IN HOSPITALS WORKSHOP

#### Learn how to create innovative, effective arts and health programs in hospitals

Presented by **Tracey Callinan**, professional musician and Executive Director, Arts OutWest, Regional Arts NSW

**Christine McMillan**, artist, educator and Arts and Health Coordinator at Arts OutWest (AOW). Christine is based at the Bathurst Health Service in NSW where she manages the award winning AOW Arts and Health Program.

**Victoria Jones**, Founding Director, Arts Health Associates

## 3.30pm – 4.45pm

Domain Theatre  
Lower Level 3

### MUSIC AND THEATRE IN ARTS AND HEALTH

#### Musica Viva bringing Music St John of God Healthcare

**Anne Cahill**, Director of Development, Musica Viva, Sydney, NSW

#### Blue Roo inclusive theatre and Opera Queensland – An ongoing collaboration

**Mark Taylor**, Manager – Open Stage, Opera Queensland, QLD

#### Past, present, future – Creating our best selves and the experience of now

**Mark Wolfe**, Owner Director, Zeichen Music, Sydney, NSW

#### HOP: Creating Music for and with Children in Hospital – a profile of the West Australian Symphony Orchestra’s Hospital Orchestra Project

**Cassandra Lake**, Executive Manager, Community Engagement, West Australian Symphony Orchestra, Perth WA; **Maureen Elphick**, School of Special Educational Needs: Medical and Mental Health, Hospital School Services, Education Department of WA

### ARTS AND COMMUNITY HEALTH

#### The Impact of Art Making on People who use Regional Disability Services

**Emma Gentle**, PhD Candidate, Sydney University Medical School, Centre of Disability Studies, NSW

#### Mindful Doll Making: A Creative Women’s Health Initiative to Restore Self Worth

**Barbara Davis**, Founder, Art and Soul Connections, South Yarra, VIC

#### A Strategy for Resilience: Developing a Narrative for the Future

**Debra Phillips**, PhD Candidate, Australian Catholic University, North Sydney, NSW

#### The Art of the Hero’s Journey: Distinguishing between Extreme State of Consciousness and Mental Illness

**Karen Adler**, Transpersonal Art Therapist, ArtPower, Aurrum Aged Care, Sydney

### MENTAL HEALTH

#### Making Sense of a Disrupted Biography

**Donna McDonald**, author of the memoir “The Art of Being Deaf”, MAIC Qld Senior Research Fellow, Menzies Health Institute, member of the RECOVER Injury Research Centre, Griffith University, QLD

#### Examining how art therapists contribute to mental health services through a critical inquiry

**Theresa Van Lith**, Assistant Professor and Clinical Coordinator, Art Therapy Program, Florida State University, USA

#### Art’s Place in Healing through the ‘Revisitation’ of Trauma - Scott Harrower, Multi-disciplinary artist and writer, North Coast, NSW

#### Weaving stories to understand women’s experience of psychosis or mania after childbirth from historical healthcare records

**Diana Jefferies**, Lecturer, School of Nursing and Midwifery, University of Western Sydney, Penrith, NSW

### VISUAL ART WORKSHOP

#### Drawing and discussion

**Adriane Boag**, Program Producer, National Gallery of Australia, Canberra ACT

## 3.30pm – 4.45pm

Centenary Auditorium  
Lower Level 1

## 3.30pm – 4.45pm

Function Space  
Ground Level

## 3.30pm – 4.45pm

Gallery Workshop



## 8.30am – 12 noon

Yiribana Foyer, Lower Level 3, AGNSW

## 9.30am – 11.15am

Domain Theatre, Lower Level 3, AGNSW

The Domain Theatre will be open at 8.30am. Please be seated by 9.15am for the commencement of proceedings at 9.30am.

The Cafe is located on Lower Level 1 and conference delegates can have access to the Cafe from 9am (but no takeway) on each Wed, Thurs and Fri morning.

## CONFERENCE REGISTRATIONS

The Gallery doors will be opened for conference delegates from 8.30am for registrations. Please note: AGNSW officially opens to the public at 10am. Security will guide delegates to the Yiribana Foyer Lower Level 3.

**TALK Our Language** - Artistic director and photographic artist **Sarah Rhodes** invites Sydney's Indigenous teenagers to tell their stories visually and in the language of the Eora.

## PLENARY SESSION 3: CREATIVE AGEING

Welcome and Acknowledgement to Country by **Margret Meagher**, Executive Director, Australian Centre for Arts and Health & **Gabriella Carroll**, Chair, 8th Annual International Arts and Health Conference

### Dementia-Friendly Communities

**Hon Leslie Williams MP**, NSW Minister for Early Childhood, Assistant Minister for Education, Minister for Aboriginal Affairs

### Creativity Matters

**Susan Perlstein**, Founder, National Center for Creative Aging, Washington DC; Founder Elders Share the Arts, Brooklyn; Director, Artful Aging Associates

### Imagine Arts: Arts Interventions in Care Homes

**Kate Duncan**, Creative Programme Manager, City Arts, Nottingham, UK, sponsored by the Baring Foundation UK

### Something to get out of bed for: Placing the arts at the centre of our lives and public policy

**Paul Cann**, Chief Executive, Age UK Oxfordshire and chair of its Public Policy Panel, co-founder of the Campaign to End Loneliness and a Director of Creative Dementia Arts Network, (CDAN)

### Creating Agency in Ageing

**Chris Mead**, Artistic Director, Creature Tales, TAS

### Influencing Perceptions of Ageing

**Denis Mamo**, Creative Ringmaster and founder of advertising and brand consultancy, White Space Concepts  
Board member, Australian Centre for Arts and Health

**Old Love**, A film produced by Creative Tales, TAS (5 mins)

Concluding remarks: **Margret Meagher**, Executive Director, Arts and Health Australia

### 2016 Australian Centre for Arts and Health Awards for Excellence

This year, several awards will be presented each day, throughout the conference

The Awards Trophy is a boxed, handcrafted pen, made from Australian timbers by Ian Dorney who discovered his talent for pen making while recovering from depression

**11.30am – 12.30pm**

Domain Theatre  
Lower Level 3

**11.30am – 12.30pm**

Centenary Auditorium  
Lower Level 1

**11.30am – 12.30pm**

Function Room  
Ground Level

**11.30am – 12.30pm**

Gallery Workshop  
Ground Level

**12.45pm – 1.30pm**

Function Room

**1.45pm – 3.15pm**

Domain Theatre  
Lower Level 3

## HEALTH PROMOTION WORKSHOP

**Life Giving Stories (Organ Donation)**, Workshop

**Kevin Bathman**, Coalition of Mischief, Redfern NSW; **Michael Camit**, Social Marketing and Communications Manager, NSW Multicultural Health Communication Service, Gladesville, Sydney NSW; **Danielle Fisher**, General Manager, NSW Organ and Tissue Donation Service; Storytellers **Oliver Zammit**, **Rosemary Zammit**, **Fulvia Nisyrios**

## LITERARY WORKSHOP

**From Tolstoy to Garner: How literature enriches our understanding of illness and dying:**

**Gabrielle Brand**, Lecturer in Health Professions Education, University of WA, Perth, WA; **Felicity Hawkins**, Clinical Tutor, Palliative Medicine, University of Western Australia, Department of Geriatric Medicine, Fremantle Hospital, WA

## CREATIVE AGEING

**Chair: Adriane Boag**, National Gallery of Australia, Canberra, ACT

**MemoryScape: Towards a Dementia-Friendly Community in the Tweed region**

**Jodi Ferrari**, Education and Audience Development Officer, Tweed Regional Gallery & Margaret Olley Art Centre, Tweed Valley, NSW

**Remember Me Through My Art - Sze Chi Wong**, Social Worker and Arts & Dementia Program Executive, Alzheimer's Disease Association, Singapore

**A Curatorial Community Collaboration: Important to Me: Pip McNaught**, Curator and Research Associate, National Museum of Australia, Canberra, ACT

**Art - History - Memory: Journey for Active Minds**, Hong Kong Jockey Club Museum Programme for the Elderly

**Grace Cheng**, Director, Art in Hospital and Community Art Network, and Co-Chair, Program Committee, Disabled Association Hong Kong

## ART MAKING WORKSHOP

**Making Art with Gallery Artists**, led by **Danielle Gullotta**, Access Programs Producer, Learning and Participation, AGNSW

## LUNCH

## ARTS AND HEALTH THROUGH THE LENS OF PHOTOGRAPHY

**"It's not who I am" – using photo-elicitation interviews with children growing up with a chronic condition in England, Australia and New Zealand**

**Karen Ford**, Assistant Director of Nursing, Research and Practice Development, Royal Hobart Hospital, and Clinical Senior Lecturer, University of Tasmania, TAS; **Annette Dickinson**, Senior Lecturer, Auckland University of Technology, NZ and Associate Director, Child Health Research Centre, Auckland University of Technology, NZ

**Collaborative portraiture - Sarah Rhodes**, art and social documentary photographer, Sydney NSW, works with teenagers to construct their image using a variety of different approaches. Works include 'Play' (2008 - 2013) looking at how children deal with grief and 'Stories told by the new generation' (2015 - ) explores cultural identity.

**Silent Tears (multi-media exhibition on women, disability and violence)**

**Belinda Mason**, Photographer, Blur Projects, Sydney NSW; **Denise Beckwith**, disability advocate and documentary photographer, Sydney, NSW

**Re-authoring the self through photographic narrative**

**Joy Paton**, artist and art therapy researcher/ practitioner, School of Social Sciences and Psychology, Western Sydney University and

**Debbie Horsfall**, Professor, School of Social Sciences and Psychology, Western Sydney University, NSW

## 1.45pm – 3.15pm

Centenary Auditorium  
Lower Level 1

### CREATIVE AGEING

#### **HenPower, a trial in residential aged care, in association with Equal Arts UK**

#### **Making It Together: An innovative co-design approach with people living with advanced stages of dementia**

**Karn Nelson**, Executive General Manager, Strategic Policy and Research, The Whiddon Group, NSW; **Gail Kenning**, Artist and Research Associate, Faculty of Arts and Social Sciences, University of Technology (UTS) Sydney; Honorary Reader in Design for Ageing and Dementia, Cardiff Metropolitan University; Visiting Researcher, Eindhoven University of Technology, Netherlands. (7 minute film)

#### **See it through my mind**

**Melinda Alushaj**, Memory and Lifestyle Support Officer, Residential and Health Care, Sydney South East, Uniting, Sydney, NSW; **Hannah Buckland**, Diversional Therapist, Team Leader, Annesley House, Uniting, Sydney NSW; **Aimme Thurlow**, Recreational Activities Officer, Annesley House, Uniting, Sydney, NSW

#### **The Unspoken Through Arts**

**Hsiu Li Tan**, Art Therapist, Alzheimer's Disease Association, Singapore

#### **Experiences of Dance Programs for the Over 75'ers**

**Rachel O'Loughlin**, Dancer and Physiotherapist NSW Health, Broulee, NSW

### ARTS AND MENTAL HEALTH

#### **Creating Connections: Engaging Youth Through Art and Music**

**Jade Maguire**, Artworks! Coordinator and art therapist and **Emma Grammenos**, Creative Youth Initiative, Mission Australia, Sydney NSW

#### **Social determinants of mental health for young people: the role of digital technology in fostering social engagement between graffiti artist and their community**

**Neil Hall**, Director of Academic Programs, Social Work and Welfare, and Assistant Director, Men's Health Information and Resource Centre, Western Sydney University, NSW

#### **Art in Complex Trauma, Grief and Loss Recovery**

**Anne Riggs**, teaching artist and co-founder Artists in Community International, Melbourne, VIC

#### **The Pleasure of Sad Songs: a vehicle for personal expression and collective validation**

**Helena Roennfeldt**, Adjunct Researcher and Masters of Mental Health Program, Griffith University, QLD; **Leah Cotterell**, artist (singing and performance), carer, Griffith University, QLD

#### **Heart to Heart, changing lives through humanity and art**

**Donna Rankin**, Professional Artist and Founder, Heart to Heart Australia, Forster, NSW

## 1.45pm – 3.15pm

Function Room  
Ground Level

## 3.15pm – 3.30pm

Domain Theatre  
Lower Level 1

## THE NUDE: MASTERPIECES FROM THE TATE

### An Introduction by Art Gallery of NSW

It is one of art's oldest subjects – and often its most controversial.

In a partnership between Tate, London and the Art Gallery of NSW in Sydney, Nude: art from the Tate collection will present over 100 major representations of the nude, including paintings, sculptures, photographs and prints by renowned artists such as Pablo Picasso, Lucian Freud, Henri Matisse, Louise Bourgeois, Marlene Dumas and Sarah Lucas.

At the heart of the show lies the world's most famous image of erotic love, Auguste Rodin's sculpture The kiss 1901-04. Never before has this work from Tate's collection left Europe. Other notable works include Pierre Bonnard's The bath 1925, Picasso's Nude woman in a red armchair 1932, Sylvia Sleigh's Paul Rosano reclining 1974, Ron Mueck's Wild man 2005 and Rineke Dijkstra's Julie, Den Haag, Netherlands, February 29 1994.

Each artist in the exhibition offers a different way of looking at the naked human body. Some look tenderly; some idealise it; some look anxiously or politically. Together they show how the nude in art has persisted yet changed, shifting shape and acquiring new meanings in the hands of successive generations, from the idealising painters of the Victorian era to the artist-provocateurs of our time.

Nude: art from the Tate collection is a spectacular tour through many major art movements, including romanticism, cubism, expressionism, realism, surrealism and feminism. It is also a story of beauty, truth, desire, vulnerability and human drama.

The presentation of this exhibition is a collaboration between Tate and the Art Gallery of NSW, and part of the 2016-17 Sydney International Art Series. In discussing with the AGNSW, we felt it would be a very relevant exhibition for the arts and health field - as it depicts the human condition in all its wonder and frailties and draws on both physical, mental and emotional contexts.

## 3.30pm - 4.50pm

Nude Exhibition  
Lower Level 1

## PERSONALIZED GUIDED TOURS

**Please note:** personalised guided tours are provided to conference delegates on a complimentary basis. We are pleased to also offer conference delegates a special reduced ticket normally only reserved for members at \$18, rather than the \$24. Please purchase your tickets at the entrance to the exhibition.

## 5.00pm

## CONFERENCE CONCLUDES

Thank you for joining us and safe journey home!